

PROMOTING OTHERS

When we start work it's easy to think only about ourselves, but as you start working with others it's important to go out of your way to promote and praise others. This Challenge will help you think about why this is important and how it is good for your career.

1 DO YOU AGREE WITH THIS STATEMENT?

“One way to get status is by bigging- up those around you”

Don't
Agree

Sort of Agree

Definitely
Agree

2 WATCH THE VIDEO

www.facework.today/challenges/team-working/



What do you think about this employer saying he would choose someone in an interview who made another candidate look good?

In pairs discuss

- Why do employers want staff who will praise and promote each other?
- What happens to a friend when you 'big them up' publically?
- How do you feel when you give someone else a 'shout-out'? or a 'like' on Social Media?



3 IN THE REAL ADULT WORLD

Good employers want to create positive working environments because staff will feel happier in their work (and therefore less likely to leave), It's also is better business if staff are happy.

A recent study found:

“Employees who report receiving recognition and praise within the last seven days show increased productivity, get higher scores from customers, and have better safety records. They’re just more engaged at work.” Tom Rath



WHAT'S YOUR
CHALLENGE



5 Try to go out of your way this week to give a friend sincere praise for something which they have done, are good at or for just the way they are!

- How does what you say affect them?
- How does it make you feel?
- How does this action change your relationship?

“The best way to pursue happiness is to help other people. Because there’s nothing else that will make you happier” George Lucas

4 WHY PRAISING OTHERS IS GOOD FOR YOUR CAREER !



1 It is so easy

It doesn't take very much effort to tell someone just one thing you appreciate about them. Make sure it is specific (i.e. not general) and sincere.

"I can live for two months on a good compliment" Mark Twain

2 It makes you look outward

By noticing other peoples' work and skills you start noticing what you appreciate about them. When you give or receive a compliment, you get a smile on your face and your spirits soars.



"The more you praise and celebrate your life, the more there is in life to celebrate". Oprah Winfrey

3 It builds good relationships



If you find that few people want to work with you, ask yourself when was the last time you praised someone else? It's easier to get along with people who admire you, praise you, and encourage you and you find the more praise you share the more praise you receive back

"I will praise any man that will praise me". William Shakespeare

4 It builds your status

As you develop your career you may be given opportunities to manage projects and other people. Noticing and praising the efforts of others shows that you are good at supporting staff and developing them, - qualities of a good leader.



"Successful people are always looking for opportunities to help people, Unsuccessful people are always asking 'What's in it for me?'" Brian Tracy

5 Promoting another person – starts today!

Shine the light on someone else.

Choose someone you know and write 3 great things they've done or are great at!

well done

1

2

3



This song from the Buggy Malone film sums it up

“You give a little love and it all comes back to you”

https://www.youtube.com/watch?v=sA_0cvd1EUM

